

# Diabetes in the Midlands. The Facts.



One in every 13 adults in the Midlands has diabetes. This is the highest prevalence of any region<sup>i</sup>



Obesity counts for as much as 85% of the overall risk of developing type 2 diabetes<sup>ii</sup>



Prevalence of type 2 diabetes is higher in areas of greater deprivation<sup>iii</sup>



Every week diabetes contributes to more than 2,100 cases of heart failure in England, including 420 cases in the Midlands<sup>iv,v</sup>



Every week diabetes contributes to more than 130 amputations in England, including 25 in the Midlands<sup>vi,vii</sup>



80% of NHS spend on diabetes goes on treating complications associated with diabetes<sup>viii</sup>



Improving diabetes control could lead to around £1.795bn productivity savings across the UK<sup>x</sup>



Over the next 10 years, the Midlands Engine Observatory estimates that improving type 2 diabetes control could result in potential productivity savings of £269.25m in the Midlands<sup>x</sup>



It is estimated that there are up to 100,000 emergency callouts annually for hypoglycaemia (when blood sugar (glucose) level is lower than normal) in the UK, costing £13.6m per year to the NHS<sup>xi</sup>



## References:

- i. NHS Digital, Quality and Outcomes Framework 2019-20: Prevalence, achievement and personalised care adjustments, Region and National level, Table 15. 2020. Available from: <https://files.digital.nhs.uk/32/72D4B7/qof-1920-prev-ach-pca-reg-nat.xlsx> [Accessed March 2022]
- ii. Diabetes UK (2021) Diabetes is Serious. Available at: [https://diabetes-resources-production.s3.eu-west-1.amazonaws.com/resources-s3/public/2021-07/Diabetes%20is%20Serious%20Report%20Final\\_0.pdf](https://diabetes-resources-production.s3.eu-west-1.amazonaws.com/resources-s3/public/2021-07/Diabetes%20is%20Serious%20Report%20Final_0.pdf) [Accessed March 2022]
- iii. [report reference fifteen]
- iv. Diabetes UK (2021) Diabetes is Serious. Available at: [https://diabetes-resources-production.s3.eu-west-1.amazonaws.com/resources-s3/public/2021-07/Diabetes%20is%20Serious%20Report%20Final\\_0.pdf](https://diabetes-resources-production.s3.eu-west-1.amazonaws.com/resources-s3/public/2021-07/Diabetes%20is%20Serious%20Report%20Final_0.pdf) [Accessed March 2022]
- v. NHS Digital, National Diabetes Audit 2017-18, Report 2b Complications and Mortality: Tables and Charts. Available from: <https://files.digital.nhs.uk/75/72BFA9/National%20Diabetes%20Audit%2C%202017-18%2C%20Report%202b%20Supporting%20Information.xlsx> [Accessed March 2022]
- vi. Diabetes UK (2021) Diabetes is Serious. Available at: [https://diabetes-resources-production.s3.eu-west-1.amazonaws.com/resources-s3/public/2021-07/Diabetes%20is%20Serious%20Report%20Final\\_0.pdf](https://diabetes-resources-production.s3.eu-west-1.amazonaws.com/resources-s3/public/2021-07/Diabetes%20is%20Serious%20Report%20Final_0.pdf) [Accessed March 2022]
- vii. NHS Digital, National Diabetes Audit 2017-18, Report 2b Complications and Mortality: Tables and Charts. Available from: <https://files.digital.nhs.uk/75/72BFA9/National%20Diabetes%20Audit%2C%202017-18%2C%20Report%202b%20Supporting%20Information.xlsx> [Accessed March 2022]
- viii. Diabetes UK Factsheet, Available from: <https://www.diabetes.org.uk/guide-to-diabetes/complications> [Accessed March 2022]
- ix. S Bain et al, Evaluating the burden of poor glycaemic control associated with therapeutic inertia in patients with type 2 diabetes in the UK; Journal of Medical Economics. 2020; 23(1): p.98-105; Available from: <https://doi.org/10.1080/13696998.2019.1645018>
- x. DOF 2021 Midlands Blueprint – Supporting Information
- xi. Diabetes Times, Campaign cuts number of 999 call outs for diabetes-related emergencies. 2021. Available from: <https://diabetestimes.co.uk/campaign-cuts-number-of-999-call-outs-for-diabetes-related-emergencies> [Accessed March 2022]